

## Possabilities - a place where anything is possible

### Mission Statement

PossAbilities is an inspirational Social Enterprise co-owned by staff and service users. We deliver innovative, integrated and person centred services for people with learning disabilities, physical disabilities, mental health and other needs.

We support individuals to live the life they choose, tailoring our services to meet their needs, ensuring they achieve their aims and aspirations and lead full and independent lives.

PossAbilities is a place where individuals can experience new opportunities, develop friendships and learn new skills, in a creative and welcoming environment.

### Our Services

Our services include day services, supported lodgings, respite services, dementia services, shared lives, supported employment and community outreach.

### Our Staff

All our staff receive a comprehensive mandatory training package and we are committed to providing relevant training and development opportunities for all staff to ensure they have the necessary skills to deliver a quality service. Our staff establish familiar and positive relationships with service users and their families and have a breadth of experience in supporting individuals with a variety of needs.



**Tel: 01706 692181**

**Email: [enquiries@possabilities.org.uk](mailto:enquiries@possabilities.org.uk)**

**Web: [www.possabilities.org.uk](http://www.possabilities.org.uk)**



# PossAbilities

**Respite & supported holidays**

### Get in touch

If you are interested in learning more about how our services may benefit you, please contact us.



Harelands House  
Samson Street  
Rochdale  
OL16 2XW



Leighton House  
Leighton Avenue  
Littleborough  
OL15 0BW



01706 651712



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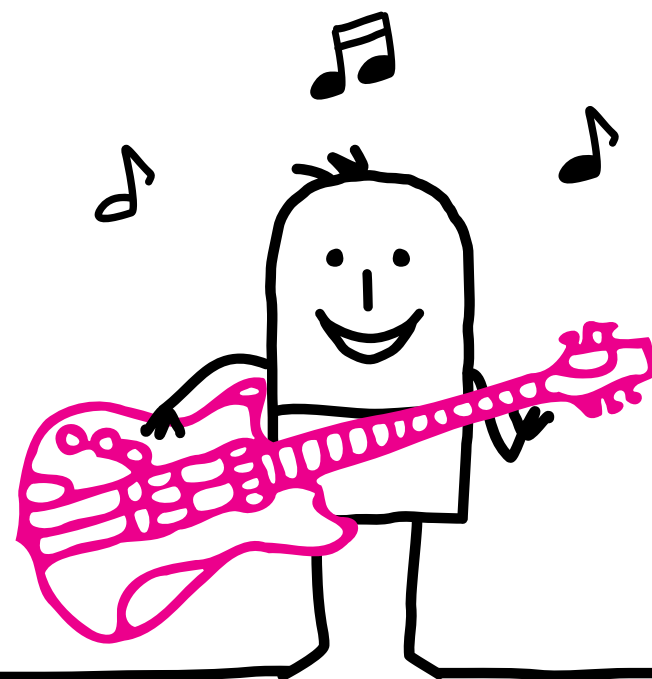


[harelands@possabilities.org.uk](mailto:harelands@possabilities.org.uk)



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Head Office, PossAbilities CIC, Cherwell Centre,  
Cherwell Avenue, Heywood, OL10 4SY.



“Respite benefits us because it gives us a chance to spend some time to ourselves and gives us a chance to go out and socialise with friends and family. It also gives us a chance to relax and chill out and have some peace and quiet”.

## Harelands House

Harelands House is a five bedroom, two storey detached house providing 24 hour supported respite services. The house has been fully adapted to meet the diverse needs of the service user group and has a communal lounge and dining room. The outside of the house is fitted with ramps, and two downstairs, disabled access bedrooms are complete with training hoist, electric hydraulic beds and wet rooms with adapted facilities to promote independence, including a close mat toilet, grab rails and adapted bathroom facilities.

## Leighton House

Our newest respite property is Leighton House, situated near to the picturesque Hollingworth Lake . The house is a modern and vibrant , with contemporary décor , and comprises of 5 bedrooms , each fitted with a television and a DVD player and en suite facilities . The house has two communal lounges and a dining room and has been fully adapted to meet the diverse needs of the service user group and has 2 communal lounges and dining room. The outside of the house is fitted with ramps, and two downstairs disabled access bedrooms are complete with training hoist, electric hydraulic beds and wet rooms with adapted facilities to promote independence, including a close mat toilet, grab

rails and adapted bathroom facilities. Service Users are offered a range of activities within the local community and at the nearby Hollingworth Lake , and in house have internet access and the use of games consoles .

## What's on offer?

The aim of the service is to provide respite for parents and carers and a pleasurable break from home for the individuals that they care for. We actively promote independence, choice, dignity, privacy and safety. We respect the values, culture rights and beliefs of the diverse group of people whom we support.

We cater for all needs and will design a service around individual needs. A menu of respite opportunities including overnight respite, outreach services, short break holidays, drop in events, day trips and support within the home are available. We have a dedicated and professionally trained staff team who care for and are sensitive to, service user needs and are available throughout the day to provide support in lots of different ways.

We provide a choice of in-house and community based activities. Our activities cater for a range of different needs and include:

- Crafts
- Baking and cookery
- Gardening
- Day trips

## Who is it for?

Anyone with a learning or physical disability or other needs.



## How to access the service

Referrals to our respite services come from a variety of health care professionals including social workers, district nurses or care managers. Families and individuals can access the service direct by contacting Harelands House.

Once a referral is received, a manager from PossAbilities respite services will arrange an initial visit to the house for the person, usually with whoever referred them, together with their family member/carer.